

Pink Lady @ Apple and Beetroot Smoothie

Serves 4



Created by: Chad January

Ingredients:

- 2-3 beetroots, peeled and cubed
- Zest and juice of 2 limes
- 500ml almond milk
- Honey to taste

Method:

- 1. Place all ingredients into a blender and process until smooth. (Add ice for a slushier smoothie.)
- 2. Pour into glasses and serve.





